FREQUENTLY ASKED QUESTIONS
1. How are teeth stains caused?
Some stains are caused due to genetics or pharmacological consumption however, in most cases, teeth stains are caused due to food, beverages consumption and lifestyle behavior, such as smoking. Most stains are located on the tooth’s enamel surface and behind the enamel on the dentin. Over time they may affect the tooth’s color, causing it to change the tooth’s shade.

2. What are the existing solutions for teeth whitening and how do they work?
There are various whitening solutions offered in the market today. Most of them, use oxidizing or abrasive materials, which create a chemical reaction that attacks the tooth. Those solutions may include side effects such as:
- Hyper sensitivity
- Gums burning sensation
- tooth surface roughening and softening
- increased potential for demineralization
- increased risk of tooth fracture
- degradation of dental restorations
- unacceptable color change of dental restorations

3. What is Y10 and how is it different from other teeth whitening solutions?
Y10 is a breakthrough teeth whitening and mouth rejuvenation system, developed by BrightTonix. The Y10 system generates a low power radio-frequency (RF) current combined with a unique toothpaste that removes stains. While current whitening solutions, based on oxidizing methods (such as Peroxide), cause pain and burning sensations during and post procedure, the BrightTonix Y10 provides great whitening results without using any harmful ingredients. BrightTonix Y10 also provides an anti-aging rejuvenation effect to the oral cavity. Coupled with a pleasant, safe, pain-free experience, the unique technology also allows to perform the treatment frequently.

4. What is the Y10 technology?
Y10’s revolutionary technique employs a low power radio-frequency (RF) current combined with a unique toothpaste. The radio frequency, generated by the Y10, utilizes a specially designed mouthpiece, combined with a one of a kind toothpaste to pass an RF current through a defined volume and generate an electro-chemical reaction that whitens the tooth.

5. What ingredients does the Y10 toothpaste contain and what are its advantages?
Y10’s innovative toothpaste ingredients include: Hyaluronic Acid—clinically proven as beneficial for oral cavity anti-aging, Potassium Nitrate—efficient in reducing discomfort of sensitive teeth and Sodium Fluoride—highly beneficial to creating stronger teeth.

6. What is Y10 treatment duration?
The recommended treatment duration is 30 minutes, depending on the treatment preset determined by the dental or aesthetic professional preforming it.

7. How long will the Y10 treatment results last?
The Y10’s whitening effects may last between 3 to 6 months, minimum. This may vary from person to person, depending on lifestyle behaviour, food or beverage consumption.

8. Are there any side effects using Y10?
There are no known side effects caused by the Y10 treatment as it does not contain any oxidizing or abrasive ingredients.

9. How often can I whiten my teeth with Y10?
Since the Y10 is safe and does not use any abrasive ingredients such as Peroxide, there is no time limitation on the period between the treatment sessions.